



## THE SECRET TO CONTENTMENT

There will always be someone who seems smarter, richer, or funnier. But what do you do when chasing more money, recognition, or likes still leaves you wanting more? How do you keep discontentment from stealing the life you were born to live?

### QUESTIONS

- 01  Why do you think our culture assumes more is better?
- 02  Do you find yourself comparing your life to someone else's? What's appealing about what they have?
- 03  Andy mentioned, "If you're not enjoying your life, no one else will." Do you agree? Share examples from your life or from people you know.
- 04  Do you find it relatively easy or difficult to celebrate the successes of others? Explain.
- 05  "Better one handful with tranquility than two handfuls with toil and chasing after the wind" (Ecclesiastes 4:6). Are you chasing the wind in your life? What are some practical ways you could pursue tranquility and peace instead?

### NOTES

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### BOTTOM LINE

*Look to others for inspiration, not imitation.*



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