There’s often a disconnect between where we want to end up and the path we’re currently on. How can we avoid moving in a direction that is guaranteed to get us where we don’t want to be?

### QUESTIONS

**01** Talk about a time when you found yourself saying, “I should have seen this coming.” Which decisions led you somewhere you didn’t want to end up?

**02** Andy mentioned Jesus doesn’t offer a fix—he invites people to live in a different direction. Why do you think we tend to crave a quick fix instead of lasting change?

**03** Think about one area of your life (e.g., relationships, career). Can you predict where your current decisions are taking you in this area? Is it somewhere you want to end up?

**04** What steps could you take to change directions in an area of life you would like to improve? What stands in your way?

### BOTTOM LINE

*The best way to predict your future is to pay attention to the path you’re currently on.*
Our direction, not our intention, will determine our destination.
If you’ve ever gotten lost, you know you can’t always rely on yourself to get where you want to go. That’s why we all follow someone or something we trust. So, who do you trust? In difficult times, who do you trust? How have they earned your trust?

Our current behavior is a better predictor of our destination than our intentions. Describe how you’ve experienced this in your life or observed it in the lives of others.

Everyone has doubts. Have you ever felt that your doubts disqualified you from a life of faith in God? Explain.

How would you define “purpose”?

How could trusting God with your destination make a tangible difference in your life?

What about following Jesus has proven hard for you or strikes you as too difficult to accept?

**BOTTOM LINE**

*A life following Jesus isn’t a life free from doubts—it’s a life full of purpose.*
The appeal of money, acceptance, or security can lower our defenses and lead us away from the path we want to be on. So, what do we do when we realize we’ve chosen what’s appealing instead of what’s ultimately satisfying?

### QUESTIONS

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<td><strong>01</strong></td>
<td>Can you trace past mistakes or regrets back to something that had a strong emotional appeal? How and when did it lose its appeal?</td>
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<td><strong>02</strong></td>
<td>Do you agree that appealing things lower our defenses and raise our defensiveness? If so, discuss a time when you’ve experienced this.</td>
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<td><strong>03</strong></td>
<td>Andy mentioned that strong emotional appeal is a red flag, not a green light. How could this help you make decisions?</td>
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<td><strong>04</strong></td>
<td>How have you been affected by someone who consistently chose appealing over satisfying?</td>
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<td><strong>05</strong></td>
<td>Where is your current path leading? Is something or someone distracting you from where you want to end up? Is it time to change course to arrive at a different destination?</td>
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### BOTTOM LINE

*If you’re distracted by what’s on your path, you’ll be distracted from where your path is taking you.*

Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.