SERIES: ME & MY BIG MOUTH
Episode 1: “Quick to Listen”

We all want to be right, especially in the heat of an argument. So, what’s wrong with being right?

QUESTIONS

01 Can you remember a time when someone was quick to listen to your opinion or point of view? How did this change the course of your conversation?

02 Can you think of anyone you’ve been trying to be right at instead of right with? Describe the tensions in that relationship.

03 Has anger prevented you from listening to someone during a disagreement? If yes, how?

04 Jesus was less concerned with being right and more interested in reconciling people to God and reconciling us to one another. Discuss how these characteristics could help guide your most difficult conversations.

NOTES

BOTTOM LINE

Don’t settle for being right. Make things right.
**BOTTOM LINE**

*Our words determine the direction and destination of our lives.*

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*Episode 2: “Untamable”*

With just a few words, each of us has the potential to build up the people around us or tear them down. So, what do we do with that power? Is there really a way to control what we say?

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**QUESTIONS**

**01** Think of a time when someone famously lost control of their mouth. How did this impact your perception of them?

**02** Who has significantly impacted your life with their words? Were the words that shaped you positive or negative?

**03** Andy mentioned that it's easier to remember the harsh words of those who hurt us rather than the kind words of those who encouraged us. Why do you think this is?

**04** In which relationship do you most often find yourself struggling to hold your tongue? Have you faced any relational consequences as a result?

**05** What’s the most challenging aspect of being “quick to listen and slow to speak”?

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Words have power. The words spoken *about* you and *to* you have shaped the person you are today. So, how do you use this power for good?

### QUESTIONS

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<td><strong>01</strong></td>
<td>We’ve all had people tear us down. But who in your life has been there to build you up? How have they done that?</td>
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<td><strong>02</strong></td>
<td>Do you struggle with “building others up”? If so, why do you think it can be difficult?</td>
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<td><strong>03</strong></td>
<td>When has someone said something to you that was helpful, even if it didn’t feel good to hear?</td>
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<td><strong>04</strong></td>
<td>Are there relationships in your life that are fueled by bitterness? Who might you need to forgive? What holds you back from starting that conversation?</td>
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<td><strong>05</strong></td>
<td>In regards to your words, where do you have work to do? Who would benefit from your efforts?</td>
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### BOTTOM LINE

*Forgiveness is the decision to give someone from the past what they don’t deserve so you can give those around you what they do deserve.*
What goes around often comes around. When we find ourselves in positions of power over the people who have hurt us, how will we respond? If our words are stones, will we choose to throw them or use them to pave the way forward?

Have you ever ended up with power over someone who previously mistreated you? How did you respond? Do you wish you had responded differently?

How can Joseph’s response to his brothers affect how you make choices with your words in the future?

“Bad things have been happening to good people for a long time. But God has been with good people in bad times for a long time as well.” Does this statement impact the way you understand why “bad things happen to good people”?

In which ways could being “quick to listen and slow to speak” help you avoid saying things you later regret?

**BOTTOM LINE**

*We will never experience the good that comes from the bad unless we recognize that God was with us in the bad.*

Learn something new? Have any epiphanies? Tweet your story and tag us @YourMove.