

How To Get What You *Really* Want

Episode 1: “Careful What You Want For”



INTRODUCTION

We all have wants. Life can feel like a constant pursuit of those wants. We want to do what we want to do. We want constant pleasure. And we want what we want now. But actually getting what we want can be tricky . . . and even dangerous. It usually leaves us wanting more. If what we want leads to a cycle of wanting more and more, maybe we want the wrong things.

So, what do you want?

DISCUSSION QUESTIONS

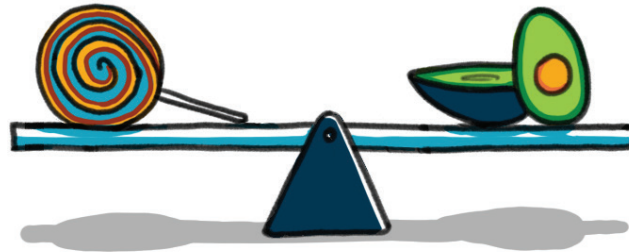
1. “What do you want?” When you’re asked that question, what comes to mind?
2. Where are you potentially getting in the way of getting what you *really* want?
3. Have you ever pursued something you wanted that conflicted with something you valued?
4. Is it difficult to distinguish between what you want and what you value? Why or why not?

BOTTOM LINE

We will never get what we *really* want until we discover what we really value.

How To Get What You *Really* Want

Episode 2: “Don’t Be Deceived”



INTRODUCTION

We'll never get what we *really* want until we discover what we value most. But choosing what we value doesn't come *naturally*. We've all had the experience of getting what we *naturally* wanted only to discover it wasn't what we valued most—not what we *ultimately* wanted. But how do we avoid being deceived by our short-term desires?

DISCUSSION QUESTIONS

1. Where do you think our natural desires come from? In what ways can they be problematic?
2. What do you naturally want relationally with another person at this moment in your life? Now pause to think about what you ultimately want in that relationship. Does your immediate desire line up with what you'd consider most valuable? How are the two out of sync?
3. Think of something you don't have today but want to be true about your life in five or ten years. What habits, behaviors, or mindsets are distracting you from pursuing that?
4. What are some ways you can keep what you ultimately want front and center, serving as a filter for better decisions in the moment?

BOTTOM LINE

We will never get what we really want until we discover what we really value.

How To Get What You *Really* Want

Episode 3: “Last Things First”



INTRODUCTION

What do you want? What do you *really* want? We'll never get what we *really* want until we discover what we value most. And what we *naturally* want is often in conflict with what we *ultimately* value. So, in order to figure out what you *really* want, you have to figure out what you value.

DISCUSSION QUESTIONS

1. When you think about what you want said at your funeral by the people you love and respect the most, what themes surface?
2. In *The Seven Habits of Highly Effective People*, Stephen Covey wrote, “If you carefully consider what you wanted to be said of you in the funeral experience, you will find your definition of success.” Based on this observation, what is success for you?
3. Of the things you would want said about you at your funeral, which are in conflict with the personal or professional goals you're currently pursuing?
4. Choose three words that you ultimately want to be true about you. If you're comfortable doing so, share them with the group.

BOTTOM LINE

Don't settle for what you merely want. Discover what you actually value.

How To Get What You *Really* Want

Episode 4: “Thinkin’ It Through”



INTRODUCTION

What you naturally want is often in conflict with what you ultimately value. But your heavenly Father knows what you need. He wants for you what you *really* want. So, how do you put aside those natural wants and pursue what you ultimately value?

DISCUSSION QUESTIONS

1. Has there been a time in your life when getting what you naturally wanted revealed that you actually wanted something different?
2. Have you discovered what you value—what you *really* want?
3. How does the idea that God wants something *for* you rather than *from* you make you feel? Do you agree with the statement that what you *really* want and what God wants *for* you are likely the same?
4. Do you agree that transforming your thinking in the day to day could put you on track for pursuing what you *really* want? If so, what are some immediate steps you could take to transform your thinking? And how can this group support you?

BOTTOM LINE

What you *really* want and what God wants *for* you may not be as far apart as you think.