

YOUR MOVE

WITH ANDY STANLEY

Re:Solution Part 1: The Better Question

INTRODUCTION

This is the time of year when we become painfully aware of where we are not, who we are not, and what we need to do differently. Traditionally, the new year is a season of self-absorption. It's all about what we can do to make ourselves better people.

But we tend to forget that the people we respect the most didn't devote their lives to becoming the best versions of themselves. They devoted their lives to making a difference in the world...or in someone's world.

ICEBREAKER

Did you make a New Year's resolution? If so, what motivated you to make it?

DISCUSSION QUESTIONS

1. Talk about one of your heroes—either someone from history or someone you knew personally. What qualities did that person have that made you look up to him or her?
2. What are some things that prevent you from moving from just feeling compassion for others to acting compassionately on others' behalf?
3. Do you know what breaks your heart? If not, what is one thing you can do to begin to identify what breaks your heart?

MOVING FORWARD

What breaks your heart? What needs to be done around you? If you really want to become a better person, do something to make the world a better place.

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Re:Solution Part 2: Something to Show for It

INTRODUCTION

This is the time of year when we become painfully aware of where we are not, who we are not, and what we need to do differently. Traditionally, it's a season of self-absorption. We wonder how to get slimmer, stronger, and smarter. We wonder how to get out of debt. We wonder how to become better people. If you really want to become a better person, do something this year to make the world a better place. But how do you determine what you should do?

ICEBREAKER

Have you ever volunteered before? If so, talk about the experience.

DISCUSSION QUESTIONS

1. As you've thought more about what breaks your heart, what has come to mind?
2. How would you answer this question: *At the end of my life I would like people to line up and thank me for...?*
3. Based on your answer to the previous question, what might it cost you in terms of time, money, or missed opportunity to pursue that desired future?

MOVING FORWARD

What breaks your heart? What needs to change in your community? What can you do? Devoting yourself to more than yourself means you will have more than yourself to show for yourself.

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Re:Solution Part 3: Pro-Motion

INTRODUCTION

This is the season of self-improvement. But if you want to become a better person, focus less on yourself and more on doing something to make the world a better place. The challenge is that making the world a better place requires giving up some part of our lives—time, money, or opportunities.

ICEBREAKER

Talk about someone you've known or seen that seemed to live with purpose and passion.

DISCUSSION QUESTIONS

1. During the episode, Andy said, "Devotion to God doesn't stop at perfect moral behavior. Devotion to God is authenticated by love for others." What do you think of that statement?
2. Think about what breaks your heart. In what ways might addressing that problem require you to step outside of your comfort zone?
3. What is one thing you can do this week to take action toward making the world a better place?

MOVING FORWARD

To make the world a better place, you don't have to quit your job, but you may have to quit doing *something*. You don't have to leave the country, but you may have to leave your comfort zone. You don't have to give away all of your money, but you may have to give some. Love for others will cost you some life.