

YOUR MOVE

WITH ANDY STANLEY

Your Move Part 1: Really

INTRODUCTION

Break up or press on? Explore new job opportunities or stay put? Say something or stay silent?
Need some help making a decision?

ICEBREAKER

Describe one of the best decisions you've made in the recent past.

DISCUSSION QUESTIONS

1. Why do most people make decisions that result in “happy” outcomes rather than “healthy” outcomes? Which category would you include yourself in?
2. Why is being honest with yourself both liberating *and* terrifying?
3. What can you do to remind yourself to ask, *Am I being completely honest with myself, as you're making decisions this week?*

MOVING FORWARD

Before you make your next big decision, have an honest conversation with yourself and ask, *Why am I really doing this?*

Your Move Part 2: The Story of Your Life

INTRODUCTION

We're asking questions that will help us decide what to do when faced with tough decisions. This week's question is: *What story do I want to tell?* We can either make decisions that make us want to lie about certain chapters in our lives, or make decisions we can stand proudly behind.

ICEBREAKER

Is there something you wish you could add to your life story, such as making a difficult but courageous decision or performing a sacrificial act?

DISCUSSION QUESTIONS

1. What is one decision you've made in your life that you like telling people about?
2. What is one decision you've made in your life that you don't like telling people about? Which parts of your history do you prefer to skim over or leave out?
3. What kind of story do you want to tell? In other words, what decisions do you need to make that you want to be known for?

MOVING FORWARD

Every decision and the outcomes of those decisions become part of your story. So what can you do to make it a story you want to tell?

Your Move Part 3: Pay Attention to The Tension

INTRODUCTION

It's the right thing to do, says one voice. It's not that big of a deal, whispers the other voice. And there's the dilemma, the moral tension . . . a tension that left unattended or ignored could lead to some serious regrets.

ICEBREAKER

If you could have a voice inside your head that told you exactly the right thing to do at all times, would you want it?

DISCUSSION QUESTIONS

1. Describe a dilemma that you've recently faced. What made you decide to choose one option over the other?
2. Sometimes other people can see moral or ethical tension that we can't see in our own situations. Who in your life do you trust enough to ask for an honest opinion?
3. Have you ever listened to your conscience and made the "right" decision only to have it turn out badly for you?

MOVING FORWARD

Most of our decisions are saturated with emotion. And in some cases, those emotions become misguided passions . . . passions that cloud our ability to accurately evaluate circumstances. So we must pay attention to our consciences, that small voice inside our heads that reminds us to make the *best* decision and to allow God to determine the outcome. *Paying attention to the tension* may be what keeps you from making a decision you'll regret.

Your Move Part 4: Passin' It On

INTRODUCTION

We've all heard people talk about giving the glory to God. Why not just take all the credit for your accomplishments? Why pass it on?

ICEBREAKER

What positive and/or negative examples have you seen of people giving/taking credit for their accomplishments?

DISCUSSION QUESTIONS

1. If it's true that the value of a life is measured by how much of it is given away, to what would you like to give your life away?
2. How can you remain humble and still maintain a healthy self-image?
3. What areas of your life would change if you asked yourself the question, *What would be most honoring to God?*

MOVING FORWARD

Being completely honest with yourself...

Thinking about what story you want to tell with your life...

Paying attention to any tension you feel about your options...

Determining to what you would like to give your life away...

This will help you make the best possible decisions. It's your move.